

BRAMPTON MANOR

# GET FIT TO SKI DAY!

....its  
FREE !!

TRAIN WITH ELLIE KOYANDER

VANCOUVER 2010 OLYMPIAN • TEAMGB  
BRITISH SKI TEAM • WORLD CUP SKIER

- SUNDAY 2<sup>ND</sup> OCTOBER 2011
- 30 MINUTE SESSIONS 12.30 ONWARDS  
THROUGHOUT THE DAY
- PRE-BOOKING ADVISED !
- OPEN TO NON – MEMBERS
- ALL WELCOME



Start your winter fitness with our **FREE** 'Get Fit to Ski' day with Olympian and GBR no1 Moguls skier Ellie Koyander ! Call our booking hotline 0800 389 4044 or ask at reception

